

APRIL HALF TERM CAMP....

Easter Half Term

Suitable for 4-14yrs (4-5yrs 9-1pm)

Week 1

Monday 3rd & Tuesday 4th April

Trampoline & Gymnastics Day Camp

@ St.Margarets School Sports Centre, Merry Hill Road, WD23 1DT 9-3pm

Week 2

Monday 10th / Tuesday 11th / Wednesday 12th / Thursday 13th April

Trampoline & Gymnastics Day Camp

@ St.Margarets School Sports Centre, Merry Hill Road, WD23 1DT 9-3pm

1 Day
£28

2 Days
£56

3 Days
£76

4 Days
£99

5% Sibling and member discount available. Sibling discount valid only for attending on the same days within the one week. There is a £3.00 booking fee on top of each family booking..



What do we get up to?

Our typical day at camp is the following.....

9-9.30am Registration & Warm up

9.30-10.45am Session 1

10.45-12pm Session 2

12-1pm Lunch Time & Games!! – (Inside or outside weather dependant)

1-2pm Session 3

2-3pm Session 4 – Games/ pack away

3pm Home time!



How do I book on?

Visit: <http://highspringers.co.uk/half-term-fun/>

5%
Member
Discount

5% Sibling
Discount*

*when booked on
the same days

www.highspringers.co.uk

Please don't be disappointed if we have to turn you away... Mums and Dads please read below this should answer any questions! If you still have any questions please contact us: holidayactivities@highspringers.co.uk

What to wear!?

Appropriate sports clothing such as T-shirts & shorts/tracksuit bottoms or leotards are suggested. **No jeans, or restrictive clothing should be worn.** **Nothing with tassles, buttons, flowers or zips** should be worn, as they may damage the trampolines and/or cause injury to the participant. **No jewellery** is allowed to be worn by the participant. Long hair must be tied back upon entering the sports hall.

ALL PARTICIPANTS WILL REQUIRE SOCKS IN ORDER TO BOUNCE ON THE TRAMPOLINES.

What should they bring?

The day will consist of trampolining, gymnastics and cheerleading coaching, games and displays. This requires a lot of energy and although some children have plenty of this they will need to refuel! Please bring plenty of healthy snacks and food for the day. Please also only bring Water or Juice **NO FIZZY DRINKS!** There is a water fountain on site which can be used to refill bottles. Please bring a bag to carry everything in which has their name on. They are welcome to bring a change of clothes if needed. No electrical devices such as ipads/phones/mp3 players etc. We will not be held responsible for any loss or damage. The children will not need any money unless stated otherwise. **NO FOOD CONTAINING NUTS ARE ALLOWED IN THE DAY CAMP**

What will they do?

During the day we will teach the children new skills using the British Gymnastic award scheme and general skills. They will have coached activities, games within each discipline and some free time to play at lunch. They will take part in mini competitions and put together routines and displays. At the end of the day parents are welcome to arrive from 3pm to watch displays. We have lots of different trampoline and gymnastics games we can almost guarantee they haven't played before! The children also get plenty of free time to bounce and do what they like.

Toilet and Other Facilities...

Children are only allowed to participate in our day camp should they be able to assist themselves to the toilet. Our staff cannot assist any child in the toilet. The toilets are located on the sports hall and are only for use by children. This will be pointed out to the children and we will organise regular toilet breaks where a member of staff will escort them to and from. Staff will wait outside the toilet for the group to gather before heading back to their activity. There are changing rooms and showers at the leisure centre.

Policies

Space is limited in each program. Ratios are set based on Safety Standards that ensure that each participant has the opportunity to learn effectively within a fun and safe environment.

Registration may be received in person on the day, by post or e-mail. All participants are required to have a completed registration form to be able to take part. Registrations are on a first come, first served basis. All current High Springer's members and siblings with the same family name will be entitled to a 5% discount when booking. This offer is a maximum of 5% discount and is only available for either of the mentioned criteria and not for both.

Mid-session registrations will be accepted at a pro-rated fee, provided that space is available.

Day camp fees are non-transferable and may not be shared. The participant that is registered is the only one who may enter the session. No exceptions. High Springers reserves the right to cancel and refund the unused portion of the registration fees at any time.

High Springers reserves the right to cancel programs or request a participant to change their selection if there is insufficient enrolment in a program. No refunds are issued unless the space is to be filled and the club has agreed to do so.

High Springers will do our best to accommodate and welcome any participant with physical and/or developmental disabilities who wish to participate in our day camps. However those who wish to participate will need to contact us first to explain each individuals needs so we can provide the best care. Where we do our best to accommodate everyone there may be some cases where we may not be able to help. We will always offer other alternatives and look to improve these barriers in the future.

Only registered participants are allowed in the sports hall.

Friends and parents may watch from the viewing area.